Welcome to the April 2019 COPE Project Newsletter.

We have collected a lot of data throughout the project and we’ve started to analyse it all. We’ve been out and about meeting with the project partners to share some early findings and we look forward to sharing final results with a wider audience soon. We’re also in the process of developing project resources such as our ‘Implementation strategies document’ to support other organisations to adapt and deliver COPE in the future.

In this issue you can also read about the final numbers for the COPE project, the team presenting at conferences and our next step:

Silky Day. Project Coordinator

Thank you

Close to three years since we’ve just getting started with the COPE project recruiting staff, signing up partners, establishing our salutory group, and developing COPE training for our other staff colleagues to work with the community. Effective project management is key to all our COPE project partners’ organisations who have attended COPE training, delivered COPE to their clients, collected all the research data and participated in interviews and questionnaires about real world implementation of an evidence-based program. Thank you for your effort.

A special mention about the commitment of the COPE advisory group. They have attended meetings and workshops for the project and have all been very helpful to provide guidance on the project and the resources were developing. Thank you for your ongoing advice and support.

COPE – making news

The COPE team has been on the road with our two PhD candidates Jen Cunliffe and Mia Milholland to Independent project lead and COPE program’s career, as an invited keynote speaker presenting in the Occupational Therapy Australia Aged Care Symposium in February. https://studentlens.com/2019/02/27/COPE-Aged-Care-Symposium/

The whole team will be presenting on many different aspects of the COPE implementation project at the Australian Occupational Therapy Conference in July. https://www.otconferences.com.au/2019/06/19/2019-aotc-conference-program-launch/

Project Update

The implementation period has finished. Over the last two years, we’ve had 10,456 COPE programs started by our partner organisations in 50 NWP and 11 NCPs completed with data returned. This is a huge achievement, great work everyone.

Congratulations to the latest occupational therapist to become COPE certified Lynne Keag from Central Southland Social Work Network. Lynne has also had a paper accepted at the Occupational Therapy Australia National Conference in July and will be presenting on her experience of implementing COPE in the transition core programme.

Implementation Outcomes

The next steps for the COPE project are:
1. Analyse all the data we’ve received from questionnaires, interviews, log books and final NWP returns.
2. Develop project resources to support the ongoing delivery of the COPE program in Australia.
3. Launch COPE website and training plans for Australia (coming soon)
4. Write up results
5. Follow ups to 13 open cases/papers with interested practitioners in the research project

COPE tip

Feedback loop

You’ve had a referral for the COPE program, you’ve delivered the COPE program, what next?

One of the most successful ways of promoting the benefits of the COPE program is to make it easy for you to provide feedback to the person who made the initial referral. This is not only an opportunity for you to share your program outcomes for these specific COPE recip- ients but also provides you with the means to receive the other feedback on what the COPE program can do for different people. During this study utilizing the ‘feedback loop’ was a key strategy for delivering the appropriate qualitative and generating widespread interest in the COPE program.

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